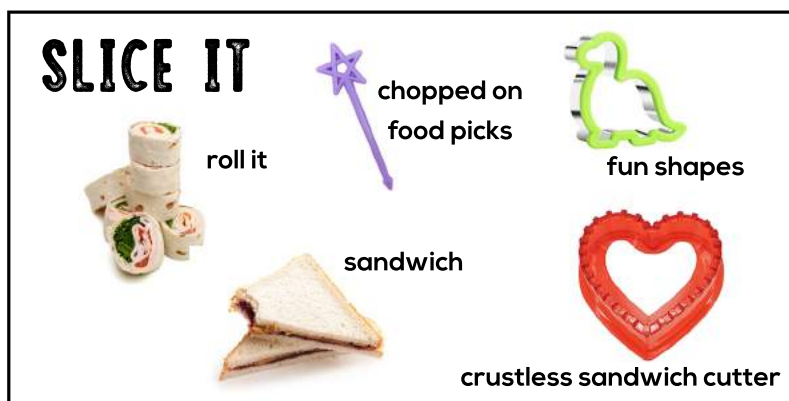
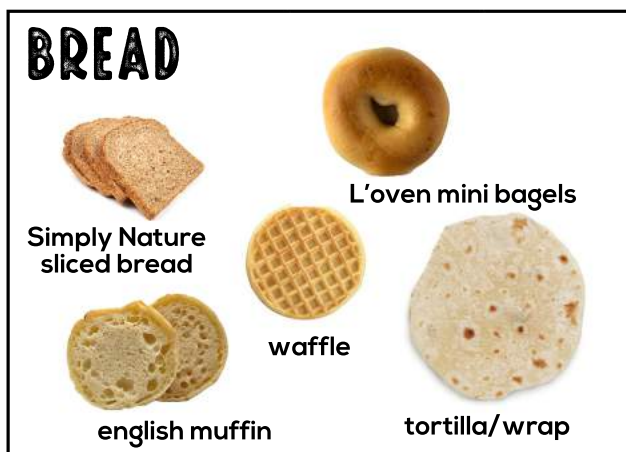


SCHOOL LUNCH GUIDE



VEGGIES:

- Carrots
- Cucumber
- Celery
- Bell pepper slices
- Cherry tomatoes

FRUITS:

- Berries
- Peach slices
- Sliced grapes
- Cutie (peeled)
- Apple slices (with a squeeze of lemon to prevent browning)

EXTRAS:

- Nuts
- Simply Nature Cauliflower Crackers
- String cheese
- Fruit leather
- Pretzels & hummus
- Mini muffins

LITTLE BITS OF
real food

